

Scottish Winter Swimming Championships - Saturday 7th March, 2020

Taymouth Marina, Kenmore, Aberfeldy, PH15 2HW

07:30-08:30 - Registration for 450m swimmers only. Heat 1 - please register between 07:30 - 08:00 in order to allow for medical checks before briefing.

08:40 - Safety briefing for 450m swimmers only.

09:00-11:30 - Registration for all other swimmers.

It is not necessary for every member of a relay team to register. One team member can register on behalf of the team.

Event	Stroke	Distance	Heat	Muster	Start
			Number	Time	Time
1	Freestyle	450m	1	08:50	09:00
	Freestyle	450m	2	09:10	09:20
	Freestyle	450m	3	09:30	09:40
	Freestyle	450m	4	09:50	10:00
	Freestyle	450m	5	10:15	10:25
	Freestyle	450m	6	10:35	10:45
	Freestyle	450m	7	10:55	11:05
	Freestyle	450m	8	11:15	11:25
2	Breaststroke	50m	1	11:40	11:50
	Breaststroke	50m	2	11:45	11:55
	Breaststroke	50m	3	11:50	12:00
	Breaststroke	50m	4	11:55	12:05
	Breaststroke	50m	5	12:00	12:10
	Breaststroke	50m	6	12:05	12:15
	Breaststroke	50m	7	12:10	12:20
	Breaststroke	50m	8	12:15	12:25
	Breaststroke	50m	9	12:20	12:30
	Breaststroke	50m	10	12:25	12:35
	Breaststroke	50m	11	12:30	12:40
	Breaststroke	50m	12	12:35	12:45
	Breaststroke	50m	13	12:40	12:50

Event	Stroke	Distance	Heat	Muster	Start
			Number	Time	Time
3	Freestyle	50m	1	13:25	13:35
	Freestyle	50m	2	13:30	13:40
	Freestyle	50m	3	13:35	13:45
	Freestyle	50m	4	13:40	13:50
	Freestyle	50m	5	13:45	13:55
	Freestyle	50m	6	13:50	14:00
	Freestyle	50m	7	13:55	14:05
	Freestyle	50m	8	14:00	14:10
	Freestyle	50m	9	14:05	14:15
	Freestyle	50m	10	14:10	14:20
4	Butterfly	50m	1	14:15	14:25
	Butterfly	50m	2	14:20	14:30
	Butterfly	50m	3	14:25	14:35
	Butterfly	50m	4	14:30	14:40
5	Freestyle	150m	1	14:45	14:55
	Freestyle	150m	2	14:55	15:05
	Freestyle	150m	3	15:05	15:15
	Freestyle	150m	4	15:15	15:25
	Freestyle	150m	5	15:25	15:35
	Freestyle	150m	6	15:35	15:45
	Freestyle	150m	7	15:45	15:55
	Freestyle	150m	8	15:55	16:05
	Freestyle	150m	9	16:05	16:15
6	Mixed Freestyle Relay	4 x 50m	1	16:25	16:35
	Mixed Freestyle Relay	4 x 50m	2	16:35	16:45
	Mixed Freestyle Relay	4 x 50m	3	16:45	16:55

Event	Stroke	Distance	Heat	Muster	Start
			Number	Time	Time
7	Anything Goes Relay	4 x 50m	1	16:55	17:05
	Anything Goes Relay	4 x 50m	2	17:05	17:15
	Anything Goes Relay	4 x 50m	3	17:15	17:25
	Anything Goes Relay	4 x 50m	4	17:25	17:35

18:00 - Prize Giving

19:30 - Dinner (pre-paid tickets only - fully booked)

*** Please be advised that times are subject to change. Any changes will be communicated at your designated muster time*****